



**North American Society for  
Pediatric and Adolescent Gynecology**

# *Virtual Annual Clinical & Research Meeting*

**March 18-20, 2021**

*Agenda*

Dear Friends and Colleagues,

It is with great pleasure that we welcome you to the 35<sup>th</sup> NASPAG Annual Clinical Research Meeting, and our first ever virtual meeting. Our theme this year is “Finding Strength in Connections” as we plan to bring together the various disciplines that address the medical and surgical care of girls and young women, in an effort to optimize their reproductive health.

Many in our community missed the opportunity to engage with peers during the 2020 ACRM. Even though we are not able to meet in person in 2021, the exchange of research, best practices, and clinical findings is more important than ever. NASPAG is committed to making sure the 2021 ACRM continues to deliver the most up to date content, as well as make sure our members have the chance to network, exchange ideas and stay connected to our fellow NASPAG colleagues and friends. With these goals in mind, all meeting content presented throughout each day of the conference will have some interactive portions. Registrants will also be able to view all presentations on demand.

We hope that this virtual event will provide you with the opportunity to once again learn, engage, and connect with the NASPAG community and colleagues from across the country and around the globe.

Start following us now on **#VirtualNASPAG2021!**

Sincerely,

Rupa DeSilva MD & Mary Romano, MD, MPH  
2021 ACRM Program Committee Co-Chair

## Overview

The Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

## Conference Objectives

At the conclusion of the meeting, attendees should be better able to:

1. Demonstrate understanding of the clinical presentation and medical management of common reproductive endocrinopathies affecting the female pediatric and adolescent population.
2. Describe the medical and surgical management of genitourinary and reproductive tract conditions affecting the pediatric and adolescent patient and demonstrate understanding of procedural and imaging techniques utilized in the gynecologic care of this population.
3. Understand the effects of chronic medical conditions on reproductive function and describe the effect of social determinants of health on reproductive function and quality of life.
4. Incorporate Quality Improvement and Research into the clinical care of pediatric and adolescent patients to more expediently improve clinical outcomes.
5. Develop approaches to implementation and management of contraceptive methods in patients with complex medical conditions.

## Special Needs Accommodations

NASPAG wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids or services. Should you need any auxiliary aids or services, as identified in the Americans with Disabilities Act, or any assistance in registering, please contact the NASPAG Meetings Department at (856) 423-3064 or [naspagmtgs@talley.com](mailto:naspagmtgs@talley.com).

## Conference Registration

The registration fee for the 2021 ACRM includes: access to all educational sessions, exhibits and posters during the conference, as well as 3 months after the conference ends. Registration can be submitted on-line through the NASPAG website at [this link](#).

**Please Note:** Membership renewal dues for 2021 must be paid in order to receive the member registration rate for the ACRM. You must be logged in to your account to receive the member rate.

## Confirmations

Registrations will be acknowledged with a confirmation via email. Please be sure to provide a valid e-mail address so that we may send your confirmation electronically. You will receive access to the virtual platform no less than one day prior to the conference start date.

## CME Information

### Target Audience

[www.naspag.org](http://www.naspag.org) | [hq@naspag.org](mailto:hq@naspag.org)

This conference is intended for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients.

## Learning Objectives

- Recognize the clinical presentation and medical management of common reproductive endocrinopathies affecting the female pediatric and adolescent population.
- Describe the medical and surgical management of genitourinary and reproductive tract conditions affecting the pediatric and adolescent patient and identify the procedural and imaging techniques utilized in the gynecologic care of this population.
- Recognize the effects of chronic medical conditions on reproductive function and describe the effect of social determinants of health on reproductive function and quality of life.
- Incorporate quality improvement and research into the clinical care of pediatric and adolescent patients to more expediently improve clinical outcomes.
- Develop approaches to implementation and management of contraceptive methods in patients with complex medical conditions.

## Accreditation



In support of improving patient care, this activity has been planned and implemented by MedStar Health and the North American Society for Pediatric and Adolescent Gynecology (NASPAG). MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Designation



This activity was planned by and for the healthcare team, and learners will receive 18.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

## SCHEDULE AT-A-GLANCE

EST	Thursday, March 18	Friday, March 19	Saturday, March 20
<b>7:00 AM</b>		Exercise with NASPAG! (7:00-7:45 AM)	
<b>8:00 AM</b>	Committee Meetings (Closed) Education Committee Meeting Resident Education Committee Meeting	Workshop Session #2 (8:00AM)	Workshop Session #4 (8:00AM)
<b>9:00 AM</b>	Committee Meetings (Closed) Advocacy Committee Meeting Research Committee Meeting	Plenary Session 4: <i>The Alvin Goldfarb Lectureship</i> (9:15 AM)	Workshop Session #5 (9:05 AM)
<b>10:00 AM</b>		Plenary Session 5: <i>The Sir John Dewhurst Lectureship</i> (10:20 AM)	Plenary Session 6: <i>The Elsevier Past Presidents Lectureship</i> (10:15 AM)
<b>11:00 AM</b>	Welcome/Presidential Address (11:00-11:30 AM) Plenary Session 1: <i>The NASPAG Lectureship</i> (11:35 AM)	Networking Brunch (Open) Research Mentorship Networking Past Presidents Lunch (Closed) (11:30 AM)	Plenary Session 7: <i>The International Forum</i> (11:20 AM)
<b>12:00 PM</b>	Bruncheons (12:45 PM)		Awards Session & Closing Remarks (12:20 PM)
<b>1:00 PM</b>		Sponsored Workshops (1:00PM)	
<b>2:00 PM</b>	Plenary Session 2: <i>The Joseph F. Russo, MD Lectureship</i> (2:00 PM)	Virtual Exhibit Hall (2:05-3:00 PM)	
<b>3:00 PM</b>	Plenary Session 3: <i>The NASPAG Lectureship</i> (3: 05 PM)	Oral Abstract Session #2 (3:05 PM)	
<b>4:00 PM</b>	Symposia (4:15PM)	Workshop Session #3 (4:15 PM)	
<b>5:00 PM</b>	Workshop Session #1 (5:20 PM)	Oral Abstract #3 (5:20 PM)	
<b>6:00 PM</b>	Oral Abstract Session #1 (6:25 PM)	SIGS & Anti-Racism Task Force (Open) (6:30-7:15PM)	
<b>7:00 PM</b>	Happy Hour (Open to ALL) (7:30 PM)	Business Meeting (Open) (7:30 PM)	
<b>8:00 PM</b>		Fellows Research Consortium (FRC) Meeting (Open) (8:30 PM)	

**\*ALL SESSIONS ARE 1 HOUR LONG UNLESS OTHERWISE NOTED ABOVE**

# THURSDAY MARCH 18<sup>th</sup>

- 8:00am-9:00am: **Committee Meetings (Closed)**  
Education Committee Meeting  
Resident Education Committee Meeting
- 9:00am-10:00am: Advocacy Committee Meeting  
Research Committee Meeting
- 11:00-11:30am **Presidential Welcome Address**  
Geri Hewitt, MD
- 11:35am-12:30pm: **Plenary 1: NASPAG Lectureship**  
*Telehealth in Pediatric and Adolescent Gynecology: A New Age for Reproductive Healthcare Delivery*  
Veronica Issac, MD
- 12:45pm-1:45pm: **Roundtable Brunches (Pre-registered)**
- B1: Born without a Womb: The Hope of a Uterine Transplant*  
Monica Rosen, MD
- B2: What Can the Nurse Bring to Your Clinic?*  
Carolyn Hoyle, RN
- B3: "It's the Journey, Not the Destination": Strategies for Success in Academic Medicine and Enhancing Career Satisfaction*  
Elise Berlan, MD and Nichole Tyson, MD
- B4: Is it APPLICable? Accurate Health Care Apps and Websites for Teens to Learn about Their Health*  
Rula Kanj, MD
- B5: Gynecologic Concerns for Adolescent with Inflammatory Bowel Disease*  
Katherine Debiec, MD
- B6: Transgender Fertility*  
Nancy Sokkary, MD
- B7: Chilean PAG Society: A Successful Advocacy Story in Decriminalization of Abortion for Rape Related Pregnancy and Chlamydia Screening*  
Claudia Zajer, MD and Andrea Huneeus, MD
- B8: Complementary and Alternative Medicine in Pediatric and Adolescent Gynecology*  
Delese LaCour, MD

*B9: It Hurts; Self-Harm Behaviors in Adolescents*  
Stephanie Stockburger, MD

*B10: We Missed it: A Family's Human Trafficking Story*  
Laurie Charles, MSN, RN-CPSANE

*B11: Adolescent Contraceptive Decision Making: The Role of Emergency Contraception*  
Geetha Fink, MD, Britt Lunde, MD, MPH

*B12: People, Parts and Progress: How to Navigate the Evolving Landscape of Intersex Care as Clinicians*  
Frances Grimstad, MD and Katherine Dalke, MD, MBE

*B13: Time to Move on Down the Road: Lessons for Transition of Girls with Complex Reproductive Anomalies*  
Julie Strickland, MD, MPH

*B14: In Plain Sight: Minor and Youth Sex Trafficking*  
Pamela Greene, MD

*B15 Engaging Teens About General, Sexual and Reproductive Health Through Telehealth and Social Media*  
Natasha Ramsey, MD, MPH and Patricia Kapunan, MD, MPH

12:45pm-1:45pm: **General Roundtable Bruncheon (Open)**  
*Like, Share and Learn: The PAG Provider as an Influencer*  
Chimsom Oleka, MD

2:00pm-3:00pm: **Plenary 2: Joseph F. Russo, MD Lectureship**  
*Advancing Adolescent Health Thru Research*  
Peter Minecci MD

3:05pm-4:05pm: **Plenary 3: NASPAG Lectureship**  
*An Update on COVID-19*  
Denise Jamieson, MD, MPH

4:15pm-5:15pm: **Symposia Sessions**  
S1: *The Different Presentations of Adnexal Masses in Children and Adolescents...the Usual and the Unusual*  
Lisa Allen, MD and Sari Kives, MD

S2: *Pelvic Pain in Adolescents: Diagnostic and Therapeutic Dilemma*  
Saifuddin Mama, MD, MPH

S3: *Spots, Dots and Clots: A Toolkit to Manage Young Women with Heavy Menstrual Bleeding*

Patricia Huguelet, MD, Kristina Haley, DO, MCR, Maureen Baldwin, MD, MPH and Genevieve Moyer, MD

\*Presented in conjunction with Foundation with Blood Disorders

*S4: Cyberbullying, Facebook Profiles, Kim Kardashian, and Lady Gaga Goes Gaga: How Children & Teenagers Are Affected by Old and New Media*

Victor Strasburger, MD

\*Presented in conjunction with SAHM

*S5: Breast Health*

Paula Hillard, MD

*S6: Wellness and Resilience for Providers (WARP): Coping with the Speed of Life*

Andrea Zuckerman, MD and Hong-Thao Thieu, MD

5:20pm-6:20pm:

**Concurrent Workshop Session #1 (Pre-registered)**

*T1: It's Not Just "Birth control"! Understanding Risks and Benefits and Helping Your Patients Navigate Contemporary Contraceptives, Including New IUDs*

Elise Berlan, MD and Nichole Tyson, MD

*T2: LGBT Health: The Need for Sexual and Mental Health Screening*

Brett Cooper, MD and May Lau, MD

*T3: Navigating Challenges in Women with SLE and Other Related Rheumatic Conditions: A Case Based Presentation*

Amber Truehart, MD and Cuoghi Edens, MD

*T4: How to Make Caring for Young Athletes in PAG Practice a Winning Combination*

Amy Sass, MD, MPH and Aubrey Armento, MD, CAQSM

*T5: Professional on Top and PJs on the Bottom, Navigating Pediatric and Adolescent Gynecology Over Tele-health*

Anne-Marie Priebe DO, Tennille Hilyard FNP-BC, CPN, and Ashli Lawson, MD

6:25pm-7:25pm:

**Oral Abstract Presentations**

*Should we screen for Müllerian anomalies following diagnosis of congenital renal anomaly?*

Y. Frances Fei, MD

*Does presence of a VACTERL anomaly predict an associated Gynecologic anomalies in females with Anorectal Malformation?: A Pediatric Colorectal and Pelvic Learning Consortium Study*

Hira Ahmad, MD

*Post-thelarche Screening Pelvic Ultrasound in Females with Anorectal Malformations: Compliance and Findings*



Alexandra Scheiber

*A missed opportunity? Sexual activity screening and referral to gynecology services among adolescent women with chronic disease in the pediatric subspecialty setting*  
Kylie Steenbergh, MD

*Time elapsed from initial presentation to diagnostic laparoscopy: factors affecting diagnostic delay in adolescents with biopsy-confirmed endometriosis*  
Howard Li, MD

*Surgical Approach to Mullerian Anomaly with Coexisting Renal Agenesis and VATER Syndrome*  
Jasjit Beausang MD

*LIVE Question and Answer, All Speakers*

7:30pm-8:30pm

**MIXIN' IT UP HAPPY HOUR (OPEN TO ALL)**

Join us for an exciting evening of cocktail making with our guest bartender, Geri Hewitt, and then get ready to explore, laugh, and be entertained during NASPAG's Mixin' It Up Happy Hour. After you have a drink, select from multiple virtual experiences:

- NASPAG's Comedy Half Hour
- A Look at the Making of 'Under the Trees' Voices' Ballet
- Nashville Country Music Hall of Fame's Songwriter Session w/Clare Dunn
- Architecture of Money and Power Virtual Tour of Chicago
- Open Chat Space

## FRIDAY, MARCH 19, 2021

7:00am-7:45am:

**VIRTUAL EXERCISE WITH NASPAG (OPEN TO ALL)**

Join our Exercise Zoom Link as we stay in shape together!

8:00am-9:00am:

**Concurrent Workshop Session #2 (Pre-registered)**

F1: *Harnessing Big Data Research*

Heather Griffis, PhD

F2: *Beyond Narcotics: Implementation of Enhanced Recovery After Surgery (ERAS) Protocols and Options for Pain Management*

Krista Childress, MD, Kathryn Stambough, MD and Abigail Smith, PAC

F3: *Improving Research and Practice: Lessons from the Global MRKH Consortium*

Amy Lossie, PhD

F4: *Gender Goals not Gender Roles: Incorporating Transgender Health and Advocacy into your Clinical Practice*

Frances Grimstad MD, Uri Belkind, MD, MS, and Chance Krempasky, FNP, WHNP, AAHIVS

*F5: Creating a Safe Space: Practical Approaches to Integrating Trauma-Informed Care into your clinical practice*

Heather Christine Millar MD, Sharon Lorber, MSW, RSW, and Heather Farina, NP

*F6: Not your Mother's PCOS - a Multi-Specialty Perspective!*

Tania Burgert MD, Laurie Hornberger, MD, MPH, and Alla Vash-Magita, MD

9:15am-10:15am:

**Plenary 4: Alvin Goldfarb Lectureship**

*PrEPping for HIV Prevention: Pre-Exposure Prophylaxis (PrEP) for Prevention of HIV Among Adolescents and Young Adults*

Tanya Mullins, MD, MS

10:20-11:20am

**Plenary 5: The Sir John Dewhurst Lectureship**

*Adnexal Masses in the Pediatric and Adolescent Population: Evaluation and Management*

Ted Anderson, MD, PhD

11:30am-12:30pm:

**Networking Brunches (OPEN TO ALL\*)**

See your colleagues informally in various themed rooms!

Room 1: Early Faculty Peer Networking\*

Room 2: Gynecologists in PAG\*

Room 3: Pediatricians in PAG\*

Room 4: In-Training\*

Room 5: Nurses and PAG Staff\*

Room 6: Open Networking\*

Room 7: Research Mentorship Brunch (Pre-Registered)

Room 8: Past presidents Lunch (By invitation only)

1:00pm-2:00pm:

**Sponsored Workshops**

*SW 1: Fertility Preservation and Reproductive Options for Children, Adolescent Girls & Young Women*

Kelly S. Acharya, MD

\*Presented in Conjunction with Foundation for Women & Girls with Blood Disorders

*SW2: The Vulva: As We See It*

Diane Merritt, MD, and Kathryn C. Stambough, MD

2:05-3:00pm:

**Virtual Exhibit Hall (OPEN TO ALL)**

Silver Supporter: Bayer

Endo Pharmaceuticals

Foundation for Women and Girls with Blood Disorder

Merck & Company, Inc.

3:05pm-4:05pm:

**Oral Abstract Presentations**

*SWIFT Accurately Predicts Lichen Sclerosus among Premenarchal Girls*  
Melinda Wang

*Lactate Dehydrogenase as a Marker of Ovarian Torsion*  
Allison Mayhew, MD

*Sources of Sexual Health Information for Adolescents and Preferences for Education*  
Shandhini Raidoo MD, MPH

*An Assessment of the Comprehensiveness of Sexual Education Curricula in Rhode Island Public Schools*  
Jennifer Narvaez MD

*Lichen Sclerosus Throughout Childhood and Adolescence: Not Only a Premenarchal Disease*  
Olivia Winfrey MD

*Giving Yourself 'The Shot': Adolescent Instructions for Self-Administered Subcutaneous Depot-Medroxyprogesterone*  
Erin Fee, DO and Amanda French

*Live Question and Answer, All Speakers*

4:15pm-5:15pm:

**Concurrent Workshop Session #3 (Pre-registered)**

F6: *Bone Health*  
Ellen Connor, MD

F7: *Water Over the Bridge: Urinary/Defecatory Disorders and Pelvic Pain*  
Alla Vash-Margita, MD and Marsha Guess, MD

F8: *It's Not Abuse: Common GYN Findings Mistaken for Abuse*  
Janeen Arbuckle, MD, PhD and David Bernard, MD

F9: *Oncofertility Best Practices*  
Yasmin Jayasingh, MD, Leslie Appiah, MD, and Cassandra Roeca MD

F10: *Iron Deficiency—Let's Iron out the Details*  
Lakshmi Srivaths, MD and Jacquelyn Powers, MD

5:20pm-6:20pm:

**Oral Abstract Presentations**

*Using the Theory of Planned Behavior to Identify Predictors of Contraceptive Use Intentions and Behaviors in Adolescents*  
Anne Marcinkowski

*Genital Bleeding in Trans Masculine Persons with Mullerian Structures on Testosterone*  
Frances Grimstad, MD, MS

*Assessment of Iron Status in Adolescents Presenting to the Emergency Department with Heavy Menstrual Bleeding*

Victoria Stoffers

*Tamoxifen for the Treatment of Etonogestrel Implant Associated Bleeding in an Adolescent Gynecology Practice*

Julie Friedman, MD

*Nitrous oxide for IUD insertion in Adolescents*

Kylie Fowler, MD

*Contraceptive Implant-associated Abnormal Uterine Bleeding in Adolescents and Young Adults: Predictors, Management, and Rates of Continuation*

Alexandra Edwards, MD

*Live Question and Answer, All Speakers*

6:30pm-7:15pm: **Special Interest Group (SIG) & Anti-Racism Task Force Meetings (Open)**

Anti-Racism Task Force

Clinicians Caring for Adolescents with Disabilities

Contraception

Disorders of Sexual Development (DSD)

Fertility Preservation

Nursing

Pediatric & Adolescent Gynecology Fellowship Directors

Pediatric & Adolescent Obesity

Physicians-in-Training

7:30pm-8:30pm: **NASPAG Business Meeting (Open)**

8:30pm-9:30pm: **Fellows Research Consortium (FRC) Meeting (Open)**

## **SATURDAY MARCH 20, 2021**

8:00am-9:00am: **Concurrent Workshop Session #4 (Pre-registered)**

*S1: What's in Your Toolbox? Resources for Teaching Pediatric and Adolescent Gynecology*

Nicole Karjane, MD and Tania Dumont, MD

*S2: HIV Prevention Before and After: Non-Occupational Post-Exposure Prophylaxis (nPEP) and HIV Prevention Updates*

Tanya Mullins, MD, MS

*S3: Collaboration is Key: Gynecologic Care of patients with Anorectal Malformation*

Sarah Driesbach, FNP and Kristina M. Booth, MSN, CFNP

*S4: We're In this Together: Shared Decision-Making and Patient-Centered Contraceptive Counseling*

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Melissa Kottke MD, MPH, MBA and Elise Berlan, MD, MPH

**CANCELLED:** S5: *Pap Smear and Well Woman Examination in Young Girls with Disabilities*

Frederick Eruo MD

9:05am-10:05am: **Concurrent Workshop Session #5 (Pre-registered)**

S6: *PAG Coding: Tips and Tricks*

Beth Rackow, MD and Jennifer Bercaw-Pratt, MD

S7: *Adolescent Obesity: What Reproductive Healthcare Providers Need to Know*

Kate McCracken, MD and Faisal Qureshi, MD

S8: *The Honest Hairy Truth about PCOS: What your Patient Wants to Know But is Afraid to Ask*

Ashley Ebersole MD, Andrea Bonny, MD, and Asma Chatta, MD

S9: *It Really Hurts Down There! Vulvar ulcers: Solved and Unsolved Mysteries*

Andrea Huneus, MD and Claudia Zajer, MD

S10: *Staying SANE as a Sexual Assault Nurse Examiner: Collaboration for Optimum Outcomes*

Laurie Charles, MSN, RN, CA-CPSANE, SANE-A, SANE-P, CHSE and Sarah Northrop, MD, FAAP

S11: *Sex Ed at a Distance: Up Close, Personal, and Virtual Approaches for the PAG Provider*

Shandhini Raidoo MD, MPH, Paris Stowers, MD MSCR

10:15am-11:15am: **Plenary 6: Elsevier Past President's Lectureship**

*Diagnosis and Management of Mullerian Anomalies and Worldwide Adaptations*

Jennifer E. Dietrich MD, MSc

11:20am-12:20pm: **Plenary 7: The International Forum**

*Intentional Design: Employing a Global Evidence Base to Promote the Space, Access, and Agency of Adolescent Girls and Young Women*

Sophie Soares and Lisa Polen (of the Population Council, [www.popcouncil.org](http://www.popcouncil.org))

12:20pm-1:30pm: **Awards Session and Closing Remarks**