



**North American Society for  
Pediatric and Adolescent Gynecology**

# *Virtual Annual Clinical & Research Meeting*

**March 18-20, 2021**

**PRELIMINARY AGENDA**





Dear Friends and Colleagues,

It is with great pleasure that we welcome you to the 35<sup>th</sup> NASPAG Annual Clinical Research Meeting, and our first ever virtual meeting. Our theme this year is “Finding Strength in Connections” as we plan to bring together the various disciplines that address the medical and surgical care of girls and young women, in an effort to optimize their reproductive health.

Many in our community missed the opportunity to engage with peers during the 2020 ACRM. Even though we are not able to meet in person in 2021, the exchange of research, best practices, and clinical findings is more important than ever. NASPAG is committed to making sure the 2021 ACRM continues to deliver the most up to date content, as well as make sure our members have the chance to network, exchange ideas and stay connected to our fellow NASPAG colleagues and friends. With these goals in mind, all meeting content presented throughout each day of the conference will have some interactive portions. Registrants will also be able to view all presentations on demand.

We hope that this virtual event will provide you with the opportunity to once again learn, engage, and connect with the NASPAG community and colleagues from across the country and around the globe.

Start following us now on [#VirtualNASPAG2021!](#)

Sincerely,

Rupa DeSilva MD & Mary Romano, MD, MPH  
2021 ACRM Program Committee Co-Chair

#### **Overview:**

The Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

## Conference Objectives:

At the conclusion of the meeting, attendees should be better able to:

1. Demonstrate understanding of the clinical presentation and medical management of common reproductive endocrinopathies affecting the female pediatric and adolescent population.
2. Describe the medical and surgical management of genitourinary and reproductive tract conditions affecting the pediatric and adolescent patient and demonstrate understanding of procedural and imaging techniques utilized in the gynecologic care of this population.
3. Understand the effects of chronic medical conditions on reproductive function and describe the effect of social determinants of health on reproductive function and quality of life.
4. Incorporate Quality Improvement and Research into the clinical care of pediatric and adolescent patients to more expediently improve clinical outcomes.
5. Develop approaches to implementation and management of contraceptive methods in patients with complex medical conditions.

## Special Needs Accommodations:

NASPAG wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids or services. Should you need any auxiliary aids or services, as identified in the Americans with Disabilities Act, or any assistance in registering, please contact the NASPAG Meetings Department at (856) 423-3064 or [naspagmtgs@talley.com](mailto:naspagmtgs@talley.com).

## Conference Registration:

The registration fee for the 2021 ACRM includes: access to all educational sessions, exhibits and posters during the conference, as well as 3 months after the conference ends. Registration can be submitted on-line through the NASPAG website at [this link](#).

**Please Note: Membership renewal dues for 2021 must be paid in order to receive the member registration rate for the ACRM.** Your credit card will be charged the non-member rate if your membership renewal has not been processed. You must be logged in to your account to receive the member rate.

## Confirmations:

Registrations will be acknowledged with a confirmation via email. Please be sure to provide a valid e-mail address so that we may send your confirmation electronically. You will receive access to the virtual platform no less than one day prior to the conference start date.

## Preliminary Virtual ACRM Schedule\*

Eastern Time	Thursday, March 18 <sup>th</sup>	Friday, March 19 <sup>th</sup>	Saturday, March 20 <sup>th</sup>
<b>8:00 AM</b>		Workshop Session (8AM)	Workshop Session (8AM)
		Opening Remarks (9 AM) Plenary Session 4 (9:15 AM)	Workshop Session (9AM)
		Plenary Session 5 (10:15 AM)	Plenary Session 6 (10:15 AM)
	Welcome/Presidential Address(11AM) Plenary Session 1 (11:30 AM)	Networking Brunch/ Research Mentorship Network/Past Presidents Lunch (11:30 AM)	Plenary Session 7 (11:15 AM)
<b>12:00 PM</b>	Bruncheons (12:45 PM)		Awards/Closing Remarks (12:30 PM)
		Sponsored Workshops (1PM)	
	Plenary Session 2 (2PM)	Virtual Exhibit Hall (2PM)	
	Plenary Session 3 (3PM)	Oral Abstract (3:15 PM)	
<b>4:00 PM</b>	Symposia (4:15 PM)	Workshop Session (4:15 PM)	
	Workshop Session (5:15 PM)	Oral Abstract (5:30 PM)	
	Oral Abstracts (6:15 PM)	SIGS & Anti-Racism Task Force (6:30 PM)	
<b>7:00 PM</b>	Happy Hour (7:30 PM)	Business Meeting (7:30 PM)	

\*Times Subject to Change

\*\*All sessions are slated for 1 hour unless otherwise noted above

### Plenary Sessions

Plenary 1: *Telehealth in Pediatric and Adolescent Gynecology: A New Age for Reproductive Healthcare Delivery*, Veronica Issac, MD

Plenary 2: *Advancing Adolescent Health Thru Research*, Peter Minecci MD

Plenary 3: *Pregnancy in the Time of COVID-19*, Denise Jamieson, MD, MPH

Plenary 4: *PrEPping for HIV Prevention: Pre-Exposure Prophylaxis (PrEP) for Prevention of HIV Among Adolescents and Young Adults*, Tanya Mullins, MD, MS

Plenary 5: *Evaluation and Management of Ovarian Cysts in the Pediatric and Adolescent Population*, Ted Anderson, MD, PhD

Plenary 6: *Diagnosis and Management of Mullerian Anomalies and Worldwide Adaptations*, NASPAG Past President, Jennifer E. Dietrich MD, MSc

Plenary 7: *Intentional Design: Employing a Global Evidence Base to Promote the Space, Access, and Agency of Adolescent Girls and Young Women*, Sophie Soares and Lisa Polen (of the Population Council, [www.popcouncil.org](http://www.popcouncil.org))

## Roundtable Luncheon Selection

**Roundtable Luncheon sessions will take place on March 18, 2021, at 12:45 p.m. EST.**

Please note, there is a maximum of 15 attendees per session.

General Luncheon Session:

- For those not attending a luncheon session, Dr. Chimsom Oleka will be presenting *Like, Share and Learn: The PAG Provider as an Influencer*.  
\*If you do not select one of the options below, you will be given the opportunity to participate in this session.

### **Individual Roundtable Luncheon Sessions:**

B1: *Born without a Womb: The Hope of a Uterine Transplant*, Monica Rosen, MD

B2: *What Can the Nurse Bring to Your Clinic?*, Carolyn Hoyle, RN

B3: *"It's the Journey, Not the Destination": Strategies for Success in Academic Medicine and Enhancing Career Satisfaction*, Elise Berlan, MD and Nichole Tyson, MD

B4: *Is it APPLICable?: Accurate Health Care Apps and Websites for Teens to Learn about Their Health*, Rula Kanj, MD

B5: *Gynecologic Concerns for Adolescent with Inflammatory Bowel Disease*, Katherine Debiec, MD

B6: *Transgender Fertility*, Nancy Sokkary, MD

B7: *Chilean PAG Society: A Successful Advocacy Story in Decriminalization of Abortion for Rape Related Pregnancy and Chlamydia Screening*, Claudia Zajer, MD and Andrea Huneeus, MD

B8: *Complementary and Alternative Medicine in Pediatric and Adolescent Gynecology*, Delese LaCour, MD

B9: *It Hurts; Self-Harm Behaviors in Adolescents*, Stephanie Stockburger, MD

B10: *We Missed it: A Family's Human Trafficking Story*, Laurie Charles, MD

B11: *Adolescent Contraceptive Decision Making: The Role of Emergency Contraception*, Geetha Fink, MD

B12: *People, Parts and Progress: How to Navigate the Evolving Landscape of Intersex Care as Clinicians*, Frances Grimstad, MD and Katherine Dalke MD, MBE

*B13: Time to Move on Down the Road: Lessons for Transition of Girls with Complex Reproductive Anomalies, Julie Strickland, MD*

*B14: In Plain Sight: Minor and Youth Sex Trafficking, Pamela Greene, MD*

*B15 Engaging Teens About General, Sexual and Reproductive Health Through Telehealth and Social Media, Natasha Ramsey, MD and Patricia Kapunan, MD, MPH*

### **Workshop Sessions**

#### **Workshop Session #1: Thursday, March 18 at 5:15 p.m. EST**

*T1: It's not Just "Birth control"! Understanding Risks and Benefits and Helping Your Patients Navigate Contemporary Contraceptives, Including new IUDs, Elise Berlan, MD and Nichole Tyson, MD*

*T2: LGBT Health: The Need for Sexual and Mental Health Screening, Brett Cooper, MD and May Lau, MD*

*T3: Approach to Contraception in Women with SLE and Other Related Rheumatic Conditions, Amber Truehart, MD and Cuoghi Edens, MD*

*T4: How to Make Caring for Young Athletes in PAG Practice a Winning Combination, Amy Sass, MD and Aubrey Armento, MD, CAQSM*

*T5: Professional on Top and PJs on the Bottom, Navigating Pediatric and Adolescent Gynecology Over Telehealth, Anne-Marie Priebe DO, Tennille Hilyard FNP-BC, CPN, and Ashli Lawson, MD*

#### **Workshop Session #2: Friday, March 19 at 8:00 a.m. EST**

*F1: Harnessing Big Data Research, Heather Griffis, MD*

*F2: Beyond Narcotics: Implementation of Enhanced Recovery After Surgery (ERAS) Protocols and Options for Pain Management, Krista Childress, MD, Kathryn Stambough, MD and Abigail Smith, MD*

*F3: Improving Research and Practice: Lessons from the Global MRKH Consortium, Amy Lossie, MD*

F4: *Gender Goals not Gender Roles: Incorporating Transgender Health and Advocacy into your Clinical Practice*, Frances Grimstad MD, Uri Belkind, MD, MS, and Chance Krempasky, FNP, WHNP, AAHIVS

F5: *Creating a Safe Space: Practical Approaches to Integrating Trauma-Informed Care into your clinical practice*, Heather Christine Millar MD, Sharon Lorber, MSW, RSW, and Heather Farina, NP

F6: *Not your mother's PCOS - a multi-specialty perspective!*, Tania Burgert MD, Laurie Hornberger, MD, MPH, and Alla Vash-Magita, MD

**Workshop Session #3: Friday, March 19 at 4:15 p.m. EST**

F6: *Bone Health*, Ellen Connor, MD

F7: *Water Over the Bridge: Urinary/Defecatory Disorders and Pelvic Pain*, Alla Vash-Margita, MD and Marsha Guess, MD

F8: *It's Not Abuse: Common GYN Findings Mistaken for Abuse*, Janeen Arbuckle, MD and David Bernard, MD

F9: *Oncofertility Best Practices*, Yasmin Jayasingh, MD, Leslie Appiah, MD, and Cassandra Roeca MD

F10: *Iron Deficiency—Let's Iron out the Details*, Lakshmi Srivaths, MD and Jacquelyn Powers, MD

**Workshop Session #4: Saturday, March 20 at 8:00 a.m. EST**

S1: *What's in Your Toolbox? Resources for Teaching Pediatric and Adolescent Gynecology*, Nicole Karjane, MD and Tania Dumont, MD

S2: *HIV Prevention Before and After: Non-Occupational Post-Exposure Prophylaxis (nPEP) and HIV Prevention Updates*, Tanya Mullins, MD, MS

S3: *Collaboration is Key: Gynecologic Care of patients with Anorectal Malformation*, Stephanie Vyrostek, BSN, RN and Kristina M. Booth, MSN, CFNP

S4: *We're In this Together: Shared Decision-Making and Patient-Centered Contraceptive Counseling*, Melissa Kottke MD, MPH, MBA and Elise Berlan, MD, MPH

S5: *Pap Smear and Well Woman Examination in Young Girls with Disabilities*, Frederick Eruo MD

## **Workshop Session #5: Saturday, March 20 at 9:00 a.m. EST**

S6: *PAG Coding: Tips and Tricks*, Beth Rackow, MD and Jennifer Bercaw-Pratt, MD

S7: *Adolescent Obesity: What Reproductive Healthcare Providers Need to Know*. Kate McCracken, MD and Faisal Qureshi, MD

S8: *The Honest Hairy Truth about PCOS: What your Patient Wants to Know But is Afraid to Ask*, Ashley Ebersole MD and Andrea Bonny, MD

S9: *It Really Hurts Down There! Vulvar ulcers: Solved and Unsolved Mysteries*, Andrea Huneus, MD and Claudia Zajer, MD

S10: *Staying SANE as a Sexual Assault Nurse Examiner: Collaboration for Optimum Outcomes*, Laurie Charles, MSN, RN, CA-CPSANE, SANE-A, SANE-P, CHSE and Sarah Northrop, MD, FAAP

S11: *Sex Ed at a Distance: Up Close, Personal, and Virtual Approaches for the PAG Provider*, Shandhini Raidoo MD, MPH, Paris Stowers, MD MSCR

### **Symposia Sessions**

**Symposia: Thursday, March 18, 2021, at 415 p.m. EST.**

S1: *The Different Presentations of Adnexal Masses in Children and Adolescents...the Usual and the Unusual*, Lisa Allen, MD and Sari Kives, MD

S2: *Pelvic Pain in Adolescents: Diagnostic and Therapeutic Dilemma*, Saifuddin Mama, MD

S3: *Spots, Dots and Clots: A Toolkit to Manage Young Women with Heavy Menstrual Bleeding*, Patricia Huguelet, MD, Kristina Haley, DO, MCR, Maureen Baldwin, MD, MPH and Genevieve Moyer, MD

\*Presented in conjunction with Foundation with Blood Disorders

S4: *Cyberbullying, Facebook Profiles, Kim Kardashian, and Lady Gaga Goes Gaga: How Children & Teenagers Are Affected by Old and New Media*, Victor Strasburger, MD

\*Presented in conjunction with SAHM

S5: *Breast Health*, Paula Hillard, MD

S6: *Wellness and Resilience for Providers (WARP): Coping with the Speed of Life*, Andrea Zuckerman, MD and Hong-Thao Thieu, MD



## Sponsored Workshop Sessions

**Sponsored Workshops: Friday, March 18, 2021, at 1 p.m. EST.**

SW 1. *Fertility Preservation and Reproductive Options for Children, Adolescent Girls & Young Women*, Kelly S. Acharya, MD

\*Presented in Conjunction with Foundation for Women & Girls with Blood Disorders

SW2. *The Vulva: As We See It*, Diane Merritt, MD and Kathryn C. Stambough, MD