



# NORTH AMERICAN SOCIETY FOR PEDIATRIC AND ADOLESCENT GYNECOLOGY

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## NASPAG Advocacy Committee Statement on Accessibility and Equity for Opill

The North American Society for Pediatric and Adolescent Gynecology (NASPAG) has served as a leader in advocacy for unrestricted, unbiased, and evidence-based reproductive care for adolescents. We recognize and emphasize the potential health, social, and economic implications of mistimed or unplanned pregnancy during adolescence and have previously released a statement supporting the availability of oral progestin-only contraceptive pills to adolescents.

NASPAG supports over-the-counter availability of a progestin-only contraceptive pill at an affordable price. The goal of over-the-counter contraception pills is to improve access to safe, effective birth control. This is especially important to adolescents who naturally face more barriers to accessing high-quality reproductive health care compared to adults. Some of the most significant challenges come in the form of healthcare cost and confidential contraceptive access. We believe in strongly promoting a cost-effective strategy for enhancing access to birth control, particularly for adolescents, to ensure that financial constraints do not pose a barrier to the realization of its potential benefits.

1. SAHM/NASPAG Statement on Leaked Draft SCOTUS Opinion Regarding Mississippi v Jackson Women's Health. J Pediatr Adolesc Gynecol. 2022 Aug;35(4):417-419. doi: 10.1016/j.jpag.2022.05.002. Epub 2022 May 23. PMID: 35618232.
2. Williams RL, Meredith AH, and Ott M. Expanding adolescent access to hormonal contraception: an update on over-the-counter, pharmacist prescribing, and web-based telehealth approaches. Curr Opin Obstet Gynecol. 2018 Dec;30(6):458-464
3. Over-the-Counter Access to Hormonal Contraception: ACOG Committee Opinion, Number 788. Obstet Gynecol. 2019 Oct;134(4):e96-e105. Doi:10.1097/AOG.0000000000003473. PMID:31568364
4. <https://www.guttmacher.org/state-policy/explore/overview-minors-consent-law>